

Table 10

## Typical Chronic Candidiasis Patient Profile

- Sex: Female
- Age 15 - 50 .
- General symptoms:
  - Chronic fatigue
  - Loss of energy
  - General malaise
  - Decreased libido
- Gastrointestinal symptoms:
  - Thrush Bloating, gas
  - Intestinal cramps Rectal itching Altered bowel function
- Genitourinary system complaints:
  - Vaginal yeast infection Frequent bladder infections
- Endocrine system complaints:
  - Primarily menstrual complaints:
  - Depression Irritability Inability to concentrate
- Immune system complaints:
  - Allergies Chemical sensitivities Low immune function
- Past history Chronic vaginal yeast infections
  - Chronic antibiotic use for infections or acne
  - Oral birth control use Oral steroid hormone use
- Associated conditions: Premenstrual syndrome
  - Sensitivity to foods, **chemicals, and other** allergens Endocrine disturbances Psoriasis Irritable bowel syndrome
- Other: Craving for foods high in carbohydrates or yeast